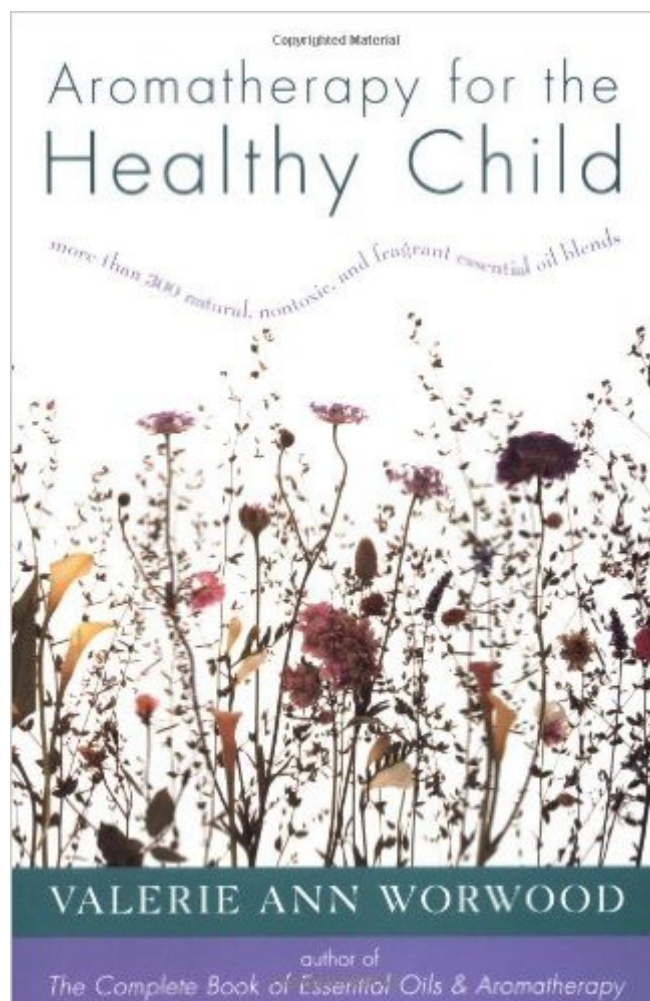


The book was found

# Aromatherapy For The Healthy Child: More Than 300 Natural, Nontoxic, And Fragrant Essential Oil Blends



## Synopsis

This reference shows how essential oils can help parents raise healthier, happier children. Chapters cover every age from newborn to teen with aromatherapy remedies for typical problems--from diaper rash to bedwetting to asthma. The book features information for pregnant mothers and physically challenged children and appendices with reference charts, safety data, and supplier information. This is a valuable book for every concerned parent.

## Book Information

Series: More Than 300 Natural, Non-Toxic and Fragrant Essential Oil

Paperback: 320 pages

Publisher: New World Library (March 9, 2000)

Language: English

ISBN-10: 1577310950

ISBN-13: 978-1577310952

Product Dimensions: 1 x 6.2 x 9.2 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (78 customer reviews)

Best Sellers Rank: #40,061 in Books (See Top 100 in Books) #59 inÂ Books > Science & Math > Chemistry > Organic #61 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy #111 inÂ Books > Health, Fitness & Dieting > Children's Health

## Customer Reviews

This book is astoundingly thorough and complete. I cannot say enough good things about it. It covers just about every childhood ailment you can think of, and ways to treat it with aromatherapy. And not just the typical massage oils and room scents. This book goes into hydrosols, essential oil waters, and the best carrier oils to use on kids. It covers every single thing you need to know to start using essential oils on your child. Not only that, it has dietary recommendations, mental health blends for the kids, and just good advice in general. It has a wonderful A to Z section of ailments that includes detailed explanation of the symptoms, cause, and treatment. This book is just great. It even has a small section on kids who have special needs. Everything is detailed perfectly. The layout is easy to follow and conditions or information can be swiftly looked up. If you have kids, you really should get this book. It is so informative and easy to read. I just can't say enough good things about this book.

This book is an indispensable guide for every parent who thinks pro-actively about their children's long-term physical and mental health. Powerful, yet safe, aromatherapy is a sound way to treat everything from influenza to sunburn in children. Many complaints such as aches and coughs that might otherwise have to wait for a visit to the doctor can be addressed immediately at home, using the healing power of nature.

I took an aromatherapy weekend seminar as an introductory to this fascinating subject. Was I surprised as to how interesting and versatile aromatherapy is. As a mother of 4 young children, I have always used natural medicine as a first priority and this has saved us many trips to the doctor and many doses of unwarranted antibiotics. I did not realize the potential that essential oils possess until I took the seminar. I bought this book after I took the seminar and have used it lots especially the oil blends for respiratory problems. I also have used her other book called The Fragrant Pharmacy and this book is LOADED with information. This lady knows her oils and is one of the best there is. You won't regret buying it!

I Love this book, I use it for all members of my family. Its not just for kids, each blend can be used on anyone. I love the science of EOs, however this book doesnt offer that info on it, but does offer the BEST BLENDS I have ever used. I know what each oil does, and even when I am sure of what oils I am going to use I find myself opening this book and each oil I have thought on my own to use because I know how great it is for a certain condition, is the oils she has mentioned to use. Plus the ease of finding what you are need to a blend for is great. The A to Z type of format is wonderful. As I mentioned I am aware of each oils chemical makeup and find this book to give the best oil for each conditoin. This is a MUST HAVE. You will be so PLEASED. Plus make sure to blend up the room disfect spray. I love this spray and use to so often. BUY this BOOK you will always find yourself going to it.

The book seems to have alot of useful information, but the table layout is horrible. It's impossible to be sure that 2 or more columns of text aren't mixed together. With a book that has recipes that you need to follow EXACTLY FOR SAFETY SAKE, this is a real problem!! I usually prefer to buy kindle books because they are based on a more universal platform, but this is one where the iBooks version is hands down better with not only its look, but most importantly, the table layout. I recommend the book, but not through kindle.

If you buy this book you will for sure get your monies worth. It is a great book for those of us who are a littel worried about making suggestion to parents for using aromatherapy on their children. If you are new to aromatherapy be sure to include this book in your library. It won't stay on the shelf long; you will read it many times over. Great book. Buy it you won't be sorry.

The review by 'soufy' pretty much says it all so I won't elaborate too much more. But to add a couple of things...I got into EOs as a way to take care of my family. I have read or skimmed many books on EOs and while they have provided many recipes or provided a lot of the science behind EOs, none compare to this book in regards to the practical application of EOs in the home. This book gives you detailed info on the various methods for using EOs (something I haven't found anywhere else), how to set up you medicine cabinet, what to put in it, which EOs are safe at what ages, etc. In other words- for the beginner (me) or someone who doesn't have the time to research everything yourself (me!) and simply need some 'here is what to do' instructions-- this book is all you need! Like 'soufy', I can't say enough good things about it.

This book was worth the price for the "sniffles and snuffles" recipe alone! A single drop of that remedy and my chronically ear-infected, sinus infected child 18 month old easily without any cough syrup (which upsets his stomach violently). This book is an excellent reference for those wishing to use essential oils on children. It breaks the oils for use down by age and each recipe gives allowable substitutions, so you can tailor it for the child with whom you are working. I use both of Ms. Wormwood books extensively. She generously shares her knowledge and her craft.

[Download to continue reading...](#)

Aromatherapy for the Healthy Child: More Than 300 Natural, Nontoxic, and Fragrant Essential Oil Blends  
Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ...  
Loss, Essential Oil Recipes, Aromatherapy)  
ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs)  
(Essential oil recipes, ... Aromatherapy and essential oils Book 1)  
The Complete Book of Essential Oils and Aromatherapy: Over 800 Natural, Nontoxic, and Fragrant Recipes to Create Health, Beauty, and Safe Home and Work Environments  
Diffuser Recipes: Essential Oil Diffuser Recipes For Weight Loss, Better Sleep & Fat Loss  
(Aromatherapy, Essential Oils, Detox, Cleanse, Healthy Living, ... Lavender Oil, Coconut Oil, Tea Tree Oil)  
Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1)

Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty - Coconut Oil Cookbook - Coconut Oil Uses - Coconut Oil (Coconut Oil Diet And Recipes) Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Essential Oil Diffuser Recipes: 54 Refreshing Essential Oil Blends for Your Diffuser Essential Oils 2016: 200 Natural Beauty Recipes: Diffusers, Skin Care Remedies, Weight Loss, Aromatherapy: (Young Living Essential Oils Book, Natural Remedies) (Home Remedies, Aromatherapy) The Complete Book of Essential Oils and Aromatherapy: Over 600 Natural, Non-toxic & Fragrant Recipes to Create Health & Beauty & A Safe Home Environment Homemade Essential Oil Recipe Guide For Beginners: Personally Tested and Proven Essential Oil & Aromatherapy Recipes With Instruction Hungry Girl 300 Under 300: 300 Breakfast, Lunch & Dinner Dishes Under 300 Calories Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Essential Oils: The Complete Guide: Essential Oils For Beginners, Aromatherapy And Essential Oil Recipes Essential Oils and Aromatherapy: The Ultimate Essential Oils and Aromatherapy Guide for Health, Healing and Beauty The Big Book of Polymer Blends: Polymer Clay Blends. Made Simple. In One Place. The Big Book of Juices: More Than 400 Natural Blends for Health and Vitality Every Day Coconut Oil and Apple Cider Vinegar: 28 Mind Blowing Uses for Coconut Oil and Apple Cider Vinegar (The Apple Cider Vinegar and Coconut Oil Bible - Amazing Benefits, Many Uses, and Natural Cures)

[Dmca](#)